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# Confetti Cake Parfaits

Serves 6

## *Ingredients:*

3 oz Angel Food Cake

1 ½ cups Lite Fruit Cocktail

6 x 3.5 oz no sugar added vanilla pudding

Fat Free Whipped Topping



## *Directions:*

Cut Angel Food Cake into small cubes (1/2 inch) and put in bottom small (approx 7 oz) dessert dish, glass or plastic tumbler

Pour Lite Fruit cocktail over Angel Food Cake

Pour one 3.5 oz container of Vanilla pudding over top of other two ingredients

Top with Fat Free Whipped Topping

Chill.

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