# Individual Layer Salad

**This recipe requires adult supervision.**

- 2 Tbls. shredded carrots
- 3 Tbls. shredded lettuce
- 2 Tbls. shredded cheese
- 1-2 cherry tomatoes (sliced)
- 1 Tbls. broccoli
- 2 Tbls. ranch dressing

Arrange vegetables in layers in a plastic cup or small glass.

Slowly pour ranch dressing in the cup or glass. Let the salad "sit" for a few minutes so that the dressing coats all the vegetable layers.

Tip: Try new vegetables depending upon the season of the year. Be inventive!